



KING CEASOR UNIVERSITY

"Ignite The Future"

COMMUNITY ENGAGEMENT

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King Ceasor University

“Moral Rearmament, Wealth Creation”

P.O Box 26687, Kampala Uganda

SCHOOL OF MEDICINE, HEALTH & LIFE SCIENCES

DEPARTMENT OF PUBLIC HEALTH empora@kcu.ac.ug TEL: 0772987253

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10/04/2024

To:

The Dean

School of Medicine, Health & Life Sciences

KCU

From:

The HOD

Department of Public Health

KCU

Re: Report about COBERMS

Dear Sir,

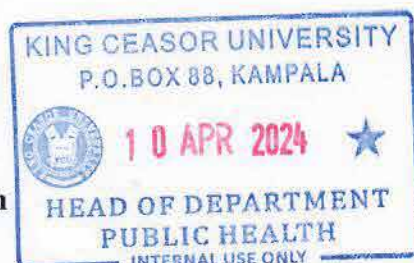
I hereby wish to submit to you a report about COMMUNITY BASED EDUCATION, RESEARCH, and MANAGEMENT & SERVICES (BNS COBERMS) conducted during the period 7th March-27th March, 2024 at rural communities of Wakiso district

Yours sincerely

Dr. Mpora Enos

HOD Public Health

KCU



Introduction

One way of King Ceasor University (KCU)'s community engagement is through the university's health science programmes, namely, Bachelor of Nursing (BNS) and Bachelor of Medicine & Bachelor of Surgery (MBChB), when the programme students get involved in the COMMUNITY BASED EDUCATION, RESEARCH, and MANAGEMENT & SERVICES (COBERMS) activities in communities.

KCU has entered into Memoranda of Understanding (MOUs) with various District Local Authorities (DLAs) such as Mukono DLA, Kayunga DLA, and Wakiso DLA etc. in which her health science students carry out the community engagement activities through COBERMS.

The COBERMS activities happen at two levels; MBChB 1.2 & BNS 3.2 students go for COBERMS I and MBChB go for COBERMS II.

BNS COBERMS is about Community diagnosis which as defined by WHO is, "A quantitative & qualitative description of the health of citizens and the factors which influence their health" - WHO.

The COBERMS program (community diagnosis) follows after students have been taught course units of; "Principles of public & community health, Epidemiology & Biostatistics, Research methodology" and as well as having gone through a "Field Preparatory Information orientation seminar on community & community diagnosis".

These courses and orientation prepare the students to be able to conduct a community diagnosis, write a comprehensive community diagnosis report with sound implementable recommendations, and thereafter disseminate their findings to relevant key stakeholders.

Following these courses and orientation, the students are posted to rural communities in the Wakiso districts surbarbs and were mainly attached to the Wakiso H/C III with which KCU has MOUs, through respective District Health Officers (DHOs), where they spent four (4) weeks from 7th March to 27th March 2024.

Based at district health facilities i.e. District hospitals, Health Centers IVs, IIIs & IIs, they are introduced to local community leaders and Village Health Teams (VHTs) to carry out among others, supervised:

- a) Community diagnosis work,
- b) Health services resource mapping, and
- c) Participation in health outreach activities in the respective communities.

They then spend one (1) week preparing and sharing their field reports with the respective DHOs and their teams, overseen by KCU health science faculty.

The overall aim of the course/program is for the students to get exposed, in real situations, to the concept of community, its organization, community health Nursing, community environment in relation to health, and influence of available resources and other factors on community health.



COBERMS SUPERVISION & ACTIVITY REPORT FOR THE EXERCISE CONDUCTED BETWEEN 7th March – 23rd March 2024 IN WAKISO DISTRICT FOR 3.2 BNS STUDENTS

Introduction to community diagnosis, commonly referred to as Community Based Education Research and Management Services (COBERMS) is one of the courses offered for program and is a prerequisite for the award of Bachelor of Science in Nursing.

COBERMS is a field visit activity that is usually conducted by nursing students at the end of their final year for BNS completion and first year Direct students.

A total of 84 students of BNS 3.2 reported to Wakiso District for the activity on the 7th March 2024.

This COBERMS Placement had the following objectives to be achieved

To help students:

- Acquaint with various factors that influence over all health of any given community,
- Identify the overall health picture in a given community.
- Demonstrate knowledge of research, biostatistics, and epidemiology.
- Participate in discussions of how the identified community health issues can be solved.
- Explain the concept of a community, its organization and how this affect community health.
- Describe the organizational structure of Uganda's health care delivery system and how this effects community health.
- Describe how health services are provided in a specified rural community.
- Explain the importance of health management information system at health facilities in reflecting community health issues and as a basis of planning health delivery to the communities who use such services.
- Explain the principles and benefits of community diagnosis.
- Describe the top ten (10) health problems (diseases) in a specified community from a community diagnosis carried out in the community.
- Help students to be able to write up a community diagnosis report.

The students were divided into 8 major groups of approximately 10 students each and were deployed at **Bulaga, Lukwanga, Nsuube, Bukasa, Kona west, Nabukalu, Gimbo, and Luggi** communities of wakiso district were under the supervision of MRS Amuge Beatrice, MRS. Marcella , Dr. Fortunata, Dr. Tumusiime Herbert and Dr. Simon Peter Emorut, however Dr.

Enos Mpora, the head of department of Public Health maintained his regular weekly supervision visits for these sites.

Prior to deployment, the district top management officers, the District Health Officer (DHO), the Resident district commissioners (RDC), chief Administrative Officer (CAO) the District Internal Security Officer (DISO) and the Health Center In-charges were all visited, all of whom embraced the idea and granted us permission to go ahead with our program.

Both groups started by having meeting with health center in-charge and the entire staff of the health facilities mentioned above plus the health inspectorate staff, familiarized with general health care layout systems, and rotated in different departments and reviewed patients charts in order to have a general feel of what is happening in the surrounding communities as reflected by the common illnesses identified at the health centers.

The Health Inspectorate team of wakiso Town councils, helped us deploy students in various villages and allocating the Village Health Team (VHTs) per village.

With the cooperation of local council chairpersons and their committees and full engagement with the VHTS and supervision from the department of public health at King Cesar University, the exercise kicked off well and in high gear.

Community dialogue meetings were conducted between the community leaders in both groups, VHTs, students and their supervisors and the entire community.

Household level visits were conducted plus schools, mosques, churches, markets etc.

Students' attendance was good through the entire exercise with minimal rate of absenteeism.

The supervision by the staff to the field was daily at least every 2 staff per day was a routine. The pictures were taken for verification.

The motivation given to the VHTs raised their morale and they worked tirelessly through the entire period, though they kept on asking for more motivation. They mobilized their communities with one heart.

The students were very active and participated in the community service activities like general cleaning, unblocking sewages, cleaning water sources including bore holes, giving health education talks to the schools and community. Pictures are uploaded to the university website for verification.

Community exit meetings were organized and conducted in all the villages for both sites after four weeks, where the students shared their findings with the community members and leaders and solutions for the prevailing challenges were suggested.

The exercise was supervised by the following:

- Dr. Herbert Tumusiime
- Dr. Simon Peter Emorut
- Dr. Mpora Enos (regular weekly supervision visits for both sites)

Challenges Encountered

- Limited funding for the supervision facilitation
- Transport challenges
- Limited VHTs and local councils' facilitation
- Students' welfare challenges

Recommendations

- The university to increase on funding of the exercise
- The University to acquire a university bus to help in transporting students to and from the field
- Parents /guardians to be asked to pay for the COBERMs Exercise for their children early as the academic year begins

Head of Department Dr. Mpora: Sign-----Date-----

Faculty student supervisors:

- Dr. Herbert Tumusiime Sign  Date 5/04/2024
- Mrs. Amuge Beatrice Sign-----Date-----
- Mrs. Marcella Nsenga Sign  Date 5/04/2024
- Dr. Simon Peter Emorut Sign  Date 5/04/2024

Dean's Name-----Sign-----Date-----



- Dr. Fortunate
- Mrs. Amuge Beatrice
- Mrs. Marcella
- Dr. Herbert Tumusiime
- Dr. Simon Peter Emorut
- Dr. Mpora Enos (regular weekly supervision visits for both sites)

Challenges Encountered

- Limited funding for the supervision facilitation
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Head of Department Dr. Mpora: Sign-----Date-----

Faculty student supervisors:

- Dr. Herbert Tumusiime Sign-----Date-----
- Mrs. Amuge Beatrice Sign-----Date-----
- Mrs. Marcella Sign-----Date-----
- Dr. Simon Peter Emorut Sign-----Date-----



BNS students pause for a group photo on entry to Wakiso HC III for COBERMS Activity. Present are Faculty supervisors, VHTs and HCIII Staff.



BNS students getting briefing from both VHTs, Faculty supervisors and Wakiso HC III STAFF ON 7TH 03 2024



BNS Students health educating primary pupils at Gimbo primary school in Wakiso



BNS Students actively engaged in water and sanitation community programmes in wakiso



BNS Students exiting COBERMS ON 27/03/2024.









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SCHOOL OF MEDICINE, HEALTH & LIFE SCIENCES

DEPARTMENT OF PUBLIC HEALTH htumusiime@kcu.ac.ug TEL: 0782390613

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30/06/2023

To:

The Dean

School of Medicine, Health & Life Sciences

KCU

From:

The HOD

Department of Public Health

KCU

Re: Report about COBERMS

Dear Sir,

I hereby wish to submit to you a report about COMMUNITY BASED EDUCATION, RESEARCH, and MANAGEMENT & SERVICES I (COBERMS I) conducted during the period 15th May-05th June, 2023

Yours sincerely,


Dr. Tumusiime Herbert

HOD Public Health

KCU



Introduction

One way of King Ceasor University (KCU)'s community engagement is through the university's health science programmes, namely, Bachelor of Nursing (BNS) and Bachelor of Medicine & Bachelor of Surgery (MBChB), when the programme students get involved in the COMMUNITY BASED EDUCATION, RESEARCH, and MANAGEMENT & SERVICES (COBERMS) activities in communities.

KCU has entered into Memoranda of Understanding (MOUs) with various District Local Authorities (DLAs) such as Mukono DLA, Kayunga DLA, and Wakiso DLA etc. in which her health science students carry out the community engagement activities through COBERMS.

The COBERMS activities happen at two levels; MBChB 1.2 & BNS 3.2 students go for COBERMS I and MBChB 3.2 students go for COBERMS II.

COBERMS I is about Community diagnosis which as defined by WHO is, **"A quantitative & qualitative description of the health of citizens and the factors which influence their health" - WHO.**

The COBERMS I program (community diagnosis) follows after students have been taught course units of; *"Principles of public & community health, Epidemiology & Biostatistics, Research methodology"* and as well as having gone through a *"Field Preparatory Information orientation seminar on community & community diagnosis"*.

These courses and orientation prepare the students to be able to conduct a community diagnosis, write a comprehensive community diagnosis report with sound implementable recommendations, and thereafter disseminate their findings to relevant key stakeholders.

Following these courses and orientation, the students are posted to rural communities in the districts with which KCU has MOUs, through respective District Health Officers (DHOs), where they spend four (4) weeks.

Based at district health facilities i.e. District hospitals, Health Centers IVs, IIIs & IIs, they are introduced to local community leaders and Village Health Teams (VHTs) to carry out among others, supervised:

- a) Community diagnosis work,
- b) Health services resource mapping, and
- c) Participation in health outreach activities in the respective communities.

They then spend one (1) week preparing and sharing their field reports with the respective DHOs and their teams, overseen by KCU health science faculty.

The overall aim of the course/program is for the students to get exposed, in real situations, to the concept of community, its organization, community health, community environment in relation to health, and influence of available resources and other factors on community health.



**COBERMS 1 SUPERVISION & ACTIVITY REPORT FOR THE EXERCISE
CONDUCTED FROM 15TH MAY – 5TH JUNE 2023 AT KAYUNGA DISTRICT FOR
MBChB & DCM STUDENTS**

Introduction to community diagnosis, commonly referred to as Community Based Education Research and Management Services (COBERMS) is one of the courses offered for health science students of MBChB and BNS programs and is a prerequisite for the award of their respective qualification awards.

A total of 230 students (MBChB 1.2 -80, MBChB 2.1- 150) reported to Kayunga District for the activity on the 15th may 2023.

This COBERMS Placement had the following objectives to be achieved

To help students:

- Acquaint with various factors that influence over all health of any given community,
- Identify the overall health picture in a given community.
- Demonstrate knowledge of research, biostatistics, and epidemiology.
- Participate in discussions of how the identified community health issues can be solved.
- Explain the concept of a community, its organization and how this affect community health.
- Describe the organizational structure of Uganda's health care delivery system and how this effects community health.
- Describe how health services are provided in a specified rural community.
- Explain the importance of health management information system at health facilities in reflecting community health issues and as a basis of planning health delivery to the communities who use such services.
- Explain the principles and benefits of community diagnosis.
- Describe the top ten (10) health problems (diseases) in a specified community from a community diagnosis carried out in the community.
- Help students to be able to write up a community diagnosis report.

The students were divided into 25 smaller groups and deployed in different villages of Kayunga Town council and Ntenjeru Subcounty.

Prior to deployment, the district top management officers, i.e. the District Health Officer (DHO), the Resident district commissioners (RDC), chief Administrative Officer (CAO) the District Internal Security Officer (DISO) and Town Clerk (TC) were all visited and they embraced the idea and granted us permission to go ahead with our program.



The district top administration confided in us and told us that the district has always wanted to carry out a district survey to establish district health status in key areas of Nutrition, Water & sanitation, Latrine coverage, immunization coverage and immunization dropout rates among other things, but funds had been a major hindering factor.

In view of the above, the district tasked us as a team of researchers and gave us the condition before we were allowed into their communities, to share our findings with the district through the district health office, and they would go ahead and implement our findings, a matter to which we agreed as the Public health department of King Cesar University,

The main health facility in the area and the district as a whole, Kayunga Regional Referral hospital was visited too. We met with the Medical Director, the Hospital Principal Administrator, the Principal Nursing Officer, plus the doctor in charge of training and we articulated clearly the major purpose of our visit. The team gracefully embraced our visit and wished us the best of our stay in the area. They assigned us the doctor in charge of training with whom we worked out the modalities of our operations.

Each group of our students was assigned to rotate in some departments of the main hospital as an entry point to the communities they later had to visit.

The Health Inspector from Kayunga Town council, helped us deploy students in various villages and allocating the Village Health Team (VHTs) per village.

With the blessings of local council chairpersons and full engagement with the VHTS and supervision by the 4 staff members from the department of public health at King Cesar University, the exercise kicked off with high momentum.

The high momentum came to be maintained throughout the entire period because the students were all energized and vigilant about the whole exercise. They had morale, were very compliant and listened and were cooperative with the locals. They were eager to learn and explore more for more information.

Community dialogue meetings were conducted between the community leaders, VHTs, students and their supervisors and the entire community.

Household level visits were conducted plus schools, mosques, churches, markets etc.

The rate of absenteeism was very low and faking excuses also were minimal.

The supervision by the staff to the field was daily, at least every 2 staff per day was a routine. The pictures were taken for verification and uploaded onto KCU website.



The motivation given to the VHTs raised their morale and they worked tirelessly through the entire period, though they kept on wanting more. They mobilized their communities with one heart. The students were very active and participated in the community service activities like general cleaning, unblocking sewages, cleaning water sources including bore holes, giving health education talks to the schools and community. Pictures are uploaded to the university website for verification.

Community gatherings were organised for every village as an exit session at the end of data collection and all other activities as per the plan.

The first group of students exited the field on 31st may and others at different times depending on the group speed and commitment. Those that got done with field work immediately embarked on data analysis, interpretation and report write up while still in the field.

By 6th June 2023 everybody had left Kayunga and students were allowed one week rest before embarking on recess term for the MBChB 1.2.

The exercise was supervised by the following staff of the KCU Department of Public Health;

- Dr. Herbert Tumusiime (Team leader)
- Dr. Simon Peter Emorut

Challenges Encountered

- Limited funding for the supervision facilitation
- Inadequate transport resources
- Limited VHTs and local councils' facilitation
- Unfavorable students' welfare

Recommendations

- The university to increase on funding of the exercise.
- The University to acquire a university bus to help in transporting students to and from the field
- Parents /guardians to be asked to pay for the COBERMs Exercise for their children early as the academic year begins



Head of Department Name: Dr. Herbert Tumusiime Sign:  Date: 30/06/2023

Faculty student supervisors:

• Dr. Herbert Tumusiime Sign:  Date: 30/06/2023

• Dr. Simon Peter Emorut Sign:  Date: 30/6/2023





KCU MBCHB 1.2 STUDENTS ARRIVE AT KAYUNGA RR HOSPITAL FOR COBERMS I PROGRAM

15TH MAY, 2023



KCU MBCHB 1.2 STUDENTS IN KAYUNGA DISTRICT FOR COBERMS I
PROGRAM 15TH MAY, 2023-5TH JUNE 2023



KCU MBCHB 1.2 STUDENTS IN KAYUNGA DISTRICT FOR COBERMS I
PROGRAM READYING TO ENTER COMMUNITY- 15TH MAY, 2023-5TH JUNE 2023



KCU MBCHB 1.2 STUDENTS IN KAYUNGA DISTRICT FOR COBERMS I PROGRAM 15TH MAY, 2023-5TH JUNE 2023 HELPING CONSTRUCT A UTENSILS DRYING RACK FOR A RURAL COMMUNITY.



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SCHOOL OF MEDICINE, HEALTH & LIFE SCIENCES

DEPARTMENT OF PUBLIC HEALTH empora@keu.ac.ug TEL: 0772987253

.....
30/02/2024

To:

The Dean

School of Medicine, Health & Life Sciences

KCU

From:

The HOD

Department of Public Health

KCU

Re: Report about COBERMS

Dear Sir,

I hereby wish to submit to you a report about COMMUNITY BASED EDUCATION, RESEARCH, and MANAGEMENT & SERVICES (COBERMS I) conducted during the period 25th Jan-16th Feb, 2024

Yours sincerely


Dr. Mpora Enos

HOD Public Health

KCU



Introduction

One way of King Ceasor University (KCU)'s community engagement is through the university's health science programmes, namely, Bachelor of Nursing (BNS) and Bachelor of Medicine & Bachelor of Surgery (MBChB), when the programme students get involved in the COMMUNITY BASED EDUCATION, RESEARCH, and MANAGEMENT & SERVICES (COBERMS) activities in communities.

KCU has entered into Memoranda of Understanding (MOUs) with various District Local Authorities (DLAs) such as Mukono DLA, Kayunga DLA, and Wakiso DLA etc. in which her health science students carry out the community engagement activities through COBERMS.

The COBERMS activities happen at two levels; MBChB 1.2 & BNS 3.2 students go for COBERMS I and MBChB students go for COBERMS II.

COBERMS I is about Community diagnosis which as defined by WHO is, “A quantitative & qualitative description of the health of citizens and the factors which influence their health” - WHO.

The COBERMS I program (community diagnosis) follows after students have been taught course units of; “*Principles of public & community health, Epidemiology & Biostatistics, Research methodology*” and as well as having gone through a “*Field Preparatory Information orientation seminar on community & community diagnosis*”.

These courses and orientation prepare the students to be able to conduct a community diagnosis, write a comprehensive community diagnosis report with sound implementable recommendations, and thereafter disseminate their findings to relevant key stakeholders.

Following these courses and orientation, the students are posted to rural communities in the districts with which KCU has MOUs, through respective District Health Officers (DHOs), where they spend four (4) weeks.

Based at district health facilities i.e. District hospitals, Health Centers IVs, IIIs & IIs, they are introduced to local community leaders and Village Health Teams (VHTs) to carry out among others, supervised:

- a) Community diagnosis work,
- b) Health services resource mapping, and
- c) Participation in health outreach activities in the respective communities.

They then spend one (1) week preparing and sharing their field reports with the respective DHOs and their teams, overseen by KCU health science faculty.

The overall aim of the course/program is for the students to get exposed, in real situations, to the concept of community, its organization, community health, community environment in relation to health, and influence of available resources and other factors on community health.



**COBERMS 1 SUPERVISION & ACTIVITY REPORT FOR THE EXERCISE
CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024 IN KAYUNGA AND MUKONO
DISTRICT FOR 1.2 MBChB STUDENTS**

Introduction to community diagnosis, commonly referred to as Community Based Education Research and Management Services (COBERMS 1) is one of the courses offered for MBChB program and is a prerequisite for the award of Bachelor of Medicine and Bachelor of Surgery.

COBERMS I is a field visit activity that is usually conducted by medical students at the end of their first year, second semester (recess term).

A total of 59 students of MBChB 1.2 reported to Kayunga & Mukono Districts for the activity on the 25th Jan 2024.

This COBERMS Placement had the following objectives to be achieved

To help students:

- Acquaint with various factors that influence over all health of any given community,
- Identify the overall health picture in a given community.
- Demonstrate knowledge of research, biostatistics, and epidemiology.
- Participate in discussions of how the identified community health issues can be solved.
- Explain the concept of a community, its organization and how this affect community health.
- Describe the organizational structure of Uganda's health care delivery system and how this effects community health.
- Describe how health services are provided in a specified rural community.
- Explain the importance of health management information system at health facilities in reflecting community health issues and as a basis of planning health delivery to the communities who use such services.
- Explain the principles and benefits of community diagnosis.
- Describe the top ten (10) health problems (diseases) in a specified community from a community diagnosis carried out in the community.
- Help students to be able to write up a community diagnosis report.



The students were divided into 2 major groups, one group was deployed based at Nakifuma HCIII, 26km along Mukono- Kayunga high way in Mukono District, and another one based at Kangulumira HCIV, 22km along Kayunga –Jinja High way in Kayunga District. The groups were later split into smaller groups of 7 or 8 students before being deployed into communities. The Nakifuma group was under the supervision of Dr. Tumusiime Herbert and the Kangulumira group under Dr. Simon Peter Emorut, however after 2 weeks the supervisors swapped supervision locations and Dr. Enos Mpora, the head of department of Public Health maintained his regular weekly supervision visits for both sites.

Prior to deployment, the district top management officers, the District Health Officer (DHO), the Resident district commissioners (RDC), chief Administrative Officer (CAO) the District Internal Security Officer (DISO) and the Health Center In-charges were all visited, all of whom embraced the idea and granted us permission to go ahead with our program.

The Nakifuma group used Nakifuma Health center III as their community entry point whereas the Kangulumira group used Kangulumira HCIV as their community entry point.

Both groups started by having meeting with health center in-charges and the entire staff of the health facilities mentioned above plus the health inspectorate staff, familiarized with general health care layout systems, and rotated in different departments and reviewed patients charts in order to have a general feel of what is happening in the surrounding communities as reflected by the common illnesses identified at the health centers.

The Health Inspectorate team of Nakifuma and Kangulumira Town councils, helped us deploy students in various villages and allocating the Village Health Team (VHTs) per village.

With the cooperation of local council chairpersons and their committees and full engagement with the VHTS and supervision from the department of public health at King Cesar University, the exercise kicked off well and in high gear.

Community dialogue meetings were conducted between the community leaders in both groups, VHTs, students and their supervisors and the entire community.

Household level visits were conducted plus schools, mosques, churches, markets etc.

Students' attendance was good through the entire exercise with minimal rate of absenteeism.

The supervision by the staff to the field was daily at least every 2 staff per day was a routine. The pictures were taken for verification.

The motivation given to the VHTs raised their morale and they worked tirelessly through the entire period, though they kept on asking for more motivation. They mobilized their communities with one heart.



The students were very active and participated in the community service activities like general cleaning, unblocking sewages, cleaning water sources including bore holes, giving health education talks to the schools and community. Pictures are uploaded to the university website for verification.

Community exit meetings were organized and conducted in all the villages for both sites after four weeks, where the students shared their findings with the community members and leaders and solutions for the prevailing challenges were suggested.

The exercise was supervised by the following:

- Dr. Herbert Tumusiime
- Dr. Simon Peter Emorut
- Dr. Mpora Enos (regular weekly supervision visits for both sites)

Challenges Encountered

- Limited funding for the supervision facilitation
- Transport challenges
- Limited VHTs and local councils' facilitation
- Students' welfare challenges

Recommendations

- The university to increase on funding of the exercise
- The University to acquire a university bus to help in transporting students to and from the field
- Parents /guardians to be asked to pay for the COBERMs Exercise for their children early as the academic year begins

Head of Department Dr. Mpora: Sign Dr Mpora Date 30/02/2024

Faculty student supervisors:

• Dr. Herbert Tumusiime Sign [Signature] Date 30/02/2024

• Dr. Simon Peter Emorut Sign [Signature] Date 30/02/2024



- Limited funding for the supervision facilitation
- Transport challenges
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Recommendations

- The university to increase on funding of the exercise
- The University to acquire a university bus to help in transporting students to and from the field
- Parents /guardians to be asked to pay for the COBERMs Exercise for their children early as the academic year begins

Head of Department Dr. Mpora: Sign-----Date-----

Faculty student supervisors:

- Dr. Herbert Tumusiime Sign-----Date-----

- Dr. Simon Peter Emorut Sign-----Date-----



KCU MBCHB 1.2 STUDENTS AT NAKIFUMA HCIII IN MUKONO DISTRICTS FOR COBERMS I PROGRAM CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024



KCU MBCHB 1.2 STUDENTS AT NAKIFUMA HCIII IN MUKONO DISTRICTS FOR COBERMS I PROGRAM CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024, BEING ADDRESSED BY THE HEALTH CENTER'S HEALTH INSPECTOR & DR. TUMUSIIME HERBERT, THEIR KCU SUPERVOSOR.



KCU MBCHB 1.2 STUDENTS AT NAKIFUMA HCIII IN MUKONO DISTRICTS FOR COBERMS I PROGRAM CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024, BEING ADDRESSED BY THE HEALTH CENTER'S HEALTH INSPECTOR & DR. TUMUSIIME HERBERT, THEIR KCU SUPERVOSOR



KCU MBCHB 1.2 STUDENTS AT NAKIFUMA HCIII MUKONO DISTRICTS FOR COBERMS I PROGRAM CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024, BEING ADDRESSED BY THE HEALTH CENTER'S HEALTH INSPECTOR & DR. MPORA ENOS, THE KCU HOD PUBLIC HEALTH.



KCU MBCHB 1.2 STUDENTS IN MUKONO DISTRICTS FOR COBERMS I PROGRAM CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024, HELPING CONSTRUCT A UTENSILS DRYING RACK FOR A RURAL COMMUNITY



KCU MBCHB 1.2 STUDENTS ARRIVING IN KAYUNGA DISTRICTS FOR COBERMS I PROGRAM CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024



KCU MBCHB 1.2 STUDENTS INVOLVED IN COMMUNITY HEALTH EDUCATION IN KAYUNGA DISTRICTS DURING COBERMS I PROGRAM CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024



KCU MBCHB 1.2 STUDENTS INVOLVED IN SCHOOL HEALTH PROGRAM IN KAYUNGA DISTRICTS DURING COBERMS I PROGRAM CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024



KCU MBCHB 1.2 STUDENTS IN KAYUNGA DISTRICT FOR COBERMS I PROGRAM CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024, HELPING IN SANITATION FOR A RURAL COMMUNITY



KCU MBCHB 1.2 STUDENTS READYING TO EXHIT KAYUNGA DISTRICTS FROM THEIR COBERMS I PROGRAM CONDUCTED BETWEEN 25TH JAN – 16TH FEB 2024

30/10/2023

To:

The Dean

School of Medicine, Health & Life Sciences

KCU

From:

The HOD

Department of Public Health

KCU

Re: Report about COBERMS

Dear Sir,

I hereby wish to submit to you a report about COMMUNITY BASED EDUCATION, RESEARCH, MANAGEMENT & SERVICES II (COBERMS II) conducted during the period 30TH SEP – 17TH OCT 2023

Yours sincerely,

Dr. Mpora Enos

Introduction

One way of King Ceasor University (KCU)'s community engagement is through the university's health science programmes, namely, Bachelor of Nursing (BNS) and Bachelor of Medicine & Bachelor of Surgery (MBChB), when the programme students get involved in the COMMUNITY BASED EDUCATION, RESEARCH, and MANAGEMENT & SERVICES (COBERMS) activities in communities.

KCU has entered into Memoranda of Understanding (MOUs) with various District Local Authorities (DLAs) such as Mukono DLA, Kayunga DLA, and Wakiso DLA etc. in which her health science students carry out the community engagement activities through COBERMS.

The COBERMS activities happen at two levels; MBChB 1.2 & BNS 3.2 students go for COBERMS I and MBChB 3.2 students go for COBERMS II.

COBERMS II is about underscoring the management of health services in the districts and health sub districts.

The COBERMS II program follows immediately after students have gone through the course unit of “*Health Services Management, Leadership, Information and Economic Systems*”. During the COBERMS program, the students spend four (4) weeks undergoing mandatory supervised public health elective placements in various district *health management* aspects, including district outreach activities. They then spend one (1) week preparing and sharing their field reports with DHOs’ teams and KCU health science faculty, emphasising implementable recommendations.

The overall aim of the course/program is for students to learn how the District Health Officer and his/ her team manage the health services and the outreach activities of their respective districts. In this way, they further practically learn to integrate their knowledge of health services management, leadership, information and economic systems in real life situations.

COBERMS II SUPERVISION & ACTIVITY REPORT FOR THE EXERCISE CONDUCTED FROM 30TH SEP – 17TH OCT 2023 AT MUKONO, KAYUNGA & WAKISO DISTRICTS FOR 4.2 MBChB STUDENTS.

Community Based Education Research and Management Services II (COBERMS II) is one of the courses offered for health science students of MBChB 3.2 programs, and is a prerequisite for the award of their MBChB qualification. This time round however, we had a backlog because the MBChB 4.2 students, for some reason had missed their turn for doing their COBERMS at end of their 3.2 semester.

A total of 45 students were posted to Kayunga, Mukono and Wakiso districts to commence the exercise from 30th September to 17th October, 2023. In Kayunga the students were under the direct supervision of DHO Dr. Ahmed Matovu, and the doctor in-charge of Kangulumila Health Center IV, where they were based. In Mukono they were under the direct supervision of the DHO Dr. Mulindwa Steven and the doctor in-charge of Kojja Health Center IV where they were based. In Wakiso, they were under the direct supervision of the DHO Dr. Lugolobi Matthias and the In-charges of Kasangati and Wakiso Health Center IVs. These doctors were working in liaison with KCU department of public health supervising faculty.

Objectives to be achieved during the COBERMS II PLACEMENTS

To help students:

- Describe the organisation, management and delivery of the various aspects of health care services of a district.

- Participate in the delivery of health services and community health work in a district.
- Study and describe the principles of leadership and management in health.
- Learn how leadership skills are applied during the provision of health care.
- Describe the role of the district health officer (DHO) and the district health team (DHT)
- Describe the health financing and human resource for health of a district.
- Describe roles of the different health agencies and boards in a district
- Learn how to work with different partners in health care.
- Learn about and be able to explain the essential medicines and health supplies, their procurement, storage and distribution in a district.
- Evaluate community and household sanitation resources and activities in a district.
- Study and be able to describe the importance of health management information system (HMIS) at health facilities in reflecting community health issues and as a basis of planning health delivery to the communities who use such services.
- Be able to write a report of their COBERMS II experiences.

Prior to deployment within the districts, the students together with their supervising KCU faculty held debriefing meetings with respective district top leadership officers including the District Health Officer (DHO), the Resident district commissioners (RDC), chief Administrative Officer (CAO) the District Internal Security Officer (DISO) and Town Clerk (TC) and express permission was granted for us to go ahead with our program.

The District Health Management Teams headed by their respective DHO's and Health Center In-charges then took full charge of orienting, deploying and supervising our students in the various areas of learning in liaison with KCU supervising faculty. The learning activities were organised as follows:

Activities & learning schedule.

Week 1 & 2:

- 1. Scheduled sessions of KCU MBChB 4.2 students with KCU Dpt. of Public Health Faculty Supervisors for mapping of the COBERMS II Elective program.**
 - Introduction and overview of expected activities, learning and outcome objectives of the COBERMSII course
- 2. Departure to elective sites in the respective districts.**
 - Establishing at the elective sites.
- 3. Understudying healthcare management, delivery and disease prevention at level of the District health services (1week) and be able to describe:**
 - Organization, management and delivery of the district health services

- Role of the District Health Officer (DHO) and the District Health Team (DHT) (planning, budgeting, management, supervision & coordination)
- Intersectoral collaboration (partnerships).
- Roles of Health agencies and Boards NGOs; (CDC, USAID, UKAID, PEPFAR, GLOBAL FUND), World Health Organization (WHO); Medical and Dentist Practitioners Council; Pharmacy Council; Nurses and Midwives Council; Allied health professional's council (AHPC); District Health Management (DHMT), Hospital Management Teams (HMT),
- Health Unit Management Committees of the district,
- Integrated programmes: The functions of Uganda National Expanded Programme for Immunization (UNEPI), Essential Drugs Programme (ADP), AIDS Control Programme (ACP); STD control programme; Integrated Management of Childhood illness (IMCI), Disaster Preparedness and management; Social Medicine how health services to the under privileged, the aged, abandoned (motherless) babies, destitute and relief measures as well as mentally challenged and those leaving with disability are being provided.

Weeks 3 & 4

4. **Rotation at the Health Sub-District: Health Center IVs, IIIs & IIs (1 week) & rotation at community for community oriented aspects (1 week): and carrying out their community activities in liaison with Health Centre In-Charges. They study and be able to describe:**
 - Leadership & governance, Health financing, Human resource for health, Health service delivery (catchment population, common health conditions, services offered, health worker/ patient relationships, patients' waiting time etc.)
 - Essential Medicines & Health supplies procurement, storage distribution & utilization
 - Health Management Information Systems (HMIS) (management, routine and performance reports)
 - Primary Health Care (PHC), VHTs, Health promotion. School health programmes, Public health: epidemic monitoring, Household sanitation, food handling and water source management practices, Investigation and control of epidemics; Management of community emergencies; Linkage between health facilities and lower local governments;
 - Disease screening; surveillance and prevention, Immunization & antenatal services at community level,
 - Design of training programme for the community, Development, adoption, distribution and dissemination of information, education and communication (IEC) materials to implement health literacy of people in the community;
 - Conduct of community meetings about health including VHTs and HUMCs Meetings;
 - Programmes; development, implementation, monitoring & evaluation, community implementing partners.

Week 5

5. **Presentation and sharing of field report.**

- Compilation and writing of field reports under guidance of Faculty supervisors Presenting of the reports for all the villages of respective districts sites, where the students shared their findings with the community members and leaders, and before their host DHOs teams and KCU Faculty supervisors and solutions for the prevailing challenges suggested. Pictures are uploaded to the university website for verification.

By 17th October 2023, everybody had left their respective districts and students were allowed one week rest before embarking on their next clinical rotations. The exercise was supervised by the following staff of the KCU Department of Public Health;

- Dr. Mpora Enos (HOD DPT. PUBLIC HEALTH)
- Dr. Herbert Tumusiime
- Dr. Simon Peter Emorut

Challenges Encountered

- Limited funding for the supervision facilitation
- Inadequate transport resources
- Limited VHTs and local councils' facilitation
- Unfavorable students' welfare

Recommendations

- The university to increase on funding of the exercise.
- The University to acquire a university bus to help in transporting students to and from the field
- Parents /guardians to be asked to pay for the COBERMs Exercise for their children early as the academic year begins

Head of Department Name: -----Sign-----Date-----

Faculty student supervisors:

• Dr. Herbert Tumusiime Sign-----Date-----

• Dr. Simon Peter Emorut Sign-----Date-----



KCU MBCHB 4.2 STUDENTS ARRIVING AT WAKISO HCIV IN WAKISO DISTRICT WITH THEIR KCU SUPERVISORS, MR EMORUT SIMON PETER & DR. TUMUSIIME HERBERT, FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH SEP – 17TH OCT 2023.



KCU MBCHB 4.2 STUDENTS AT WAKISO HCIV IN WAKISO DISTRICTS FOR COBERMS II PROGRAM CONDUCTED FROM 30TH SEP – 17TH OCT 2023, BEING DEBRIEFED BY THEIR KCU FACULTY SUPERVISORS, MR. EMORUT SIMON PETER ON THEIR COBERM PROGRAM IN WAKISO DISTRICT.



KCU MBCHB 4.2 STUDENTS EXITING WAKISO DISTRICT AT END OF THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH SEP – 17TH OCT 2023.



KCU MBCHB 4.2 STUDENTS ARRIVING AT KAYUNGA DISTRICT DHO'S OFFICE WITH THEIR KCU SUPERVISORS, DR. TUMUSIIME HERBERT & DR. MPORA ENOS, FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH SEP – 17TH OCT 2023.



KCU MBCHB 4.2 STUDENTS BEING WELCOMED BY THE KAYUNGA DISTRICT DHO, DR. AHMED MATOVU AT THE COMMENCEMENT OF THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH SEP – 17TH OCT 2023.



KCU MBCHB 4.2 STUDENTS ARRIVING AT MUKONO DISTRICT DHO'S OFFICE WITH, FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH SEP – 17TH OCT 2023, BEING WELCOMED BY THE DISTRICT'S HCHIEF HEALTH INSPECTOR.



KCU MBCHB 4.2 STUDENTS AT MUKONO DISTRICT DHO'S OFFICE WITH, FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH SEP – 17TH OCT 2023, BEING ADDRESSED BY ONE MEMBER OF THE DISTRICT'S ESSENTIAL DRUGS MANAGEMENT TEAM



KCU MBCHB 4.2 STUDENTS IN MUKONO DISTRICT FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH SEP – 17TH OCT 2023, PARTICIPATING IN THE DISTRICT'S TB CONTROL PROGRAM



KCU MBCHB 4.2 STUDENTS AT MUKONO DISTRICT DHO'S OFFICE WITH, FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH SEP – 17TH OCT 2023, BEING ADDRESSED BY ONE MEMBER OF THE DISTRICT'S ESSENTIAL DRUGS MANAGEMENT TEAM



King Ceasor University

“Moral Rearmament, Wealth Creation”

P.O Box 26687, Kampala Uganda

SCHOOL OF MEDICINE, HEALTH & LIFE SCIENCES

DEPARTMENT OF PUBLIC HEALTH empora@kcu.ac.ug TEL: 0772987253

.....
30/02/2024

To:

The Dean

School of Medicine, Health & Life Sciences

KCU

From:

The HOD

Department of Public Health

KCU

Re: Report about COBERMS

Dear Sir,

I hereby wish to submit to you a report about COMMUNITY BASED EDUCATION, RESEARCH, and MANAGEMENT & SERVICES II (COBERMS II) conducted during the period 30th Jan-23rd Feb, 2024

Yours sincerely

A handwritten signature in blue ink, appearing to read 'Dr. Mpora Enos'.

Dr. Mpora Enos

HOD Public Health

KCU



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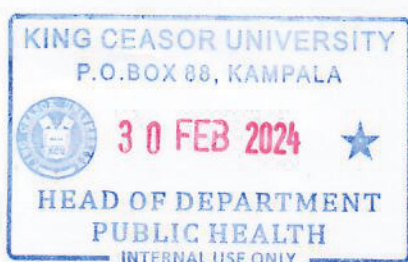
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A total of 37 students were posted to Kayunga and Mukono districts to commence the exercise from 30th January to 23rd February, 2023.

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By 23rd February, 2023, everybody had left their respective districts and students were allowed one week rest before embarking on their next clinical rotations. The exercise was supervised by the following staff of the KCU Department of Public Health;

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- Dr. Herbert Tumusiime
- Dr. Simon Peter Emorut

Challenges Encountered

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- Inadequate transport resources
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Recommendations

- The university to increase on funding of the exercise.
- The University to acquire a university bus to help in transporting students to and from the field
- Parents /guardians to be asked to pay for the COBERMs Exercise for their children early as the academic year begins

Head of Department Name: Dr. Mpora Sign: [Signature] Date: 30/02/24

Faculty student supervisors:

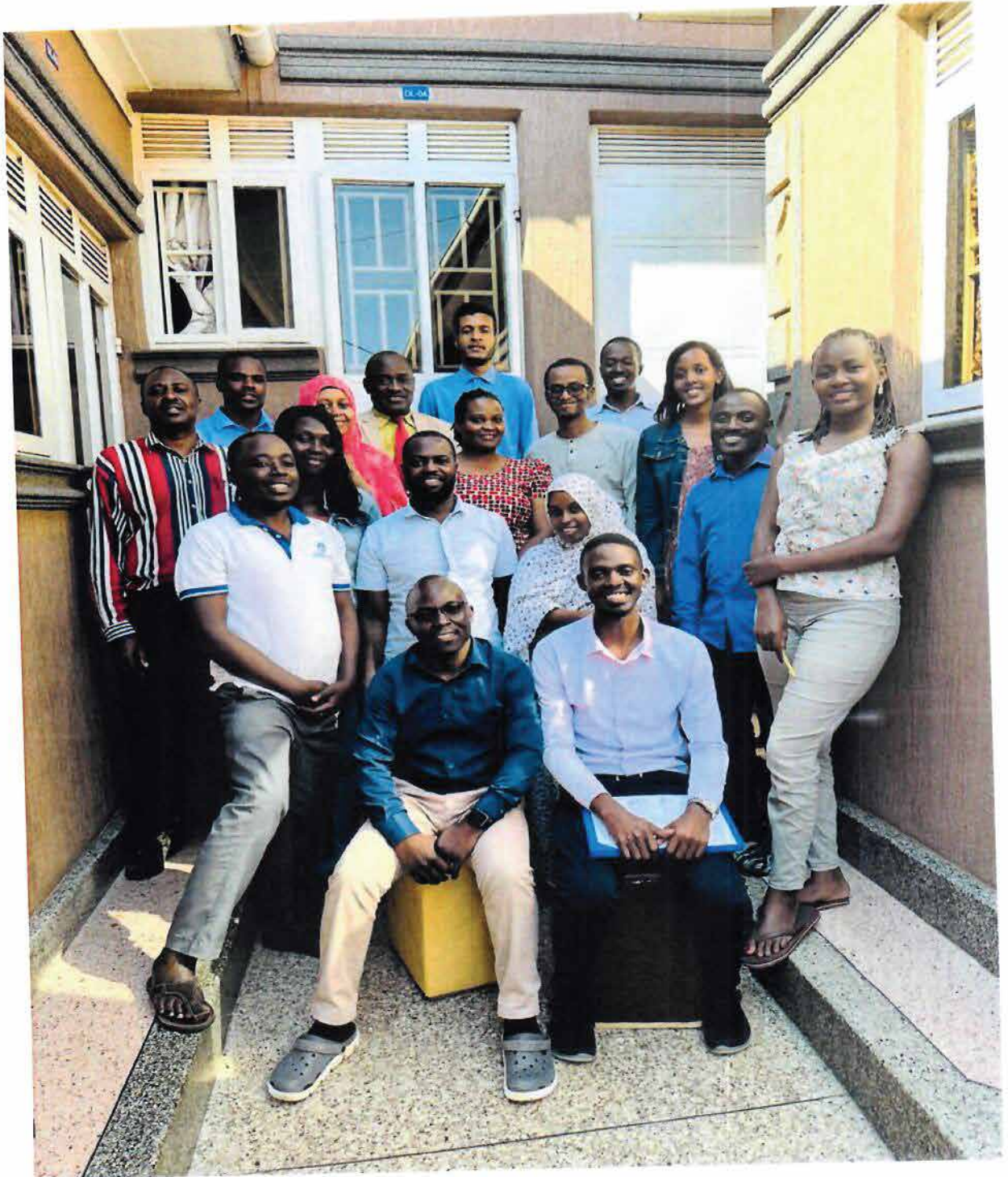
• Dr. Herbert Tumusiime Sign: [Signature] Date: 30/02/24

• Dr. Simon Peter Emorut Sign: [Signature] Date: 30/02/2024





KCU MBCHB 4.2 STUDENTS ARRIVING AT MUKONO DISTRICT LOCAL GOVERNMENT HEALTH OFFICE WITH THEIR KCU SUPERVISORS, DR. MPORANENOS & DR. TUMUSIIME HERBERT, FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH JAN – 23RD FEB 2024



KCU MBCHB 4.2 STUDENTS ARRIVING AT THEIR RESIDENCE INMUKONO DISTRICT LOCAL AUTHORITY FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH JAN – 23RD FEB 2024.



KCU MBCHB 4.2 STUDENTS ARRIVING IN MUKONO DISTRICT ENGAGED IN SCHOOL HEALTH DURING THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH JAN – 23RD FEB 2024



KCU MBCHB 4.2 STUDENTS AT MUKONO DISTRICT LOCAL GOVERNMENT HEALTH OFFICE SHARING THEIR COBERMS FINDINGS WITH THE DISTRICT'S HEALTH MANAGEMENT TEAM AT END OF THEIR COBERMS EXERCISE CONDUCTED FROM 30TH JAN – 23RD FEB 2024



KCU MBCHB 4.2 STUDENTS ARRIVING AT KAYUNGA DISTRICT LOCAL GOVERNMENT HEALTH OFFICE, FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH JAN – 23RD FEB 2024



KCU MBCHB 4.2 STUDENTS ARRIVING AT KANGULUMILA HCIV INKAYUNGA DISTRICT LOCAL GOVERNMENT, FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH JAN – 23RD FEB 2024



KCU MBCHB 4.2 STUDENTS AT KANGULUMILA HCIV IN KAYUNGA DISTRICT LOCAL GOVERNMENT, READYING TO ENTER COMMUNITY FOR THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH JAN – 23RD FEB 2024



KCU MBCHB 4.2 STUDENTS INVOLVED IN SCHOOL HEALTH PROGRAM IN KAYUNGA DISTRICT LOCAL GOVERNMENT, DURING THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH JAN – 23RD FEB 2024



NNNNKCU MBCHB 4.2 STUDENTS INVOLVED IN MCH PROGRAM IN KAYUNGA DISTRICT LOCAL GOVERNMENT, DURING THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH JAN – 23RD FEB 2024



**KCU MBCHB 4.2 STUDENTS GETTING READY TO EXHIBIT KAYUNGA DISTRICT
FROM THEIR COBERMS II PROGRAM CONDUCTED FROM 30TH JAN – 23RD FEB 2024**

